

IYENGAR® YOGA with Judith Jones

WORKSHOPS at Speen Hall

Saturday Morning Workshop with Judith at Speen Hall, Speen Lane, Newbury.

Hope you can come to my in-person workshop on

18th MAY 2024

for Teachers and Students

10.00am - 1.00pm

£25 : BOOKING ESSENTIAL

EXCHANGE OF LEARNING DAY for Teachers and Trainee Teachers at Speen Hall, Speen Lane, Newbury

TBC

MENTORING FOR TEACHERS

On-going mentoring for qualified lyengar teachers takes place in the face to face weekly class with Judith that the teacher normally attends.

Also at the General Saturday Workshops there will be some learning opportunity during the class which is always a mix of general students and teachers.



